**Advice for those enjoying a Vegan lifestyle on campus...**

Across the University outlets a number of products on offer are suitable for a vegan diet. These include sandwiches (Falafel & Houmous), wraps (Spiced Vegetable), salads (Sweet Potato Falafel & Tabouleh), hummus and vegetable pots, main courses in venues (Please check boards & ask staff) such as Eat at the Square including the option to have a stir-fry with rice. A number of outlets also sell vegan chocolate Brownie made by University catering.

All of our University run cafes also have the option of soya milk available for hot drinks.

Eat at the Square does reduce its options during quiet periods but catering have agreed (with the University vegetarian and vegan society) that if only one vegetarian choice is available it will be suitable for vegans as well.